



Dental Health Program

MUTU FOUNDATION, Nepal.

Mutu Foundation is an NGO which is non-profit organization & was established on 2019 December 13. It was affiliated in Social Welfare Council on 2020 January 5.

The main moto of organization is to help the people who are unable to seek for treatment and to provide free treatment according to their disease condition in a specific hospital. It was named MUTU because we help people from our inner heart so that they would be comfortable and trust us throughout the process.

Our Mission:

- Promote health & well-being of maternal & child health care.
- Conduct Public Health Research.
- Conduct free Medical Health Camp.
- Provide free treatment to the financially unstable child of rural areas.

Our Approach & Expertise:

- Distribution of medical equipment in rural health posts & hospitals i.e. USG Machine, Baby warmer, Neonatal Suction Machine, Ambulance, Laboratory Equipment, Delivery & Patient bed, etc.
- Rural Health Services.
- Disaster/ Pandemic Response [Humanitarian Support].
- Health Education, Child Health, Nutrition, Maternal & Safe Motherhood Health Program.
- Dental/Oral Health Care Services Program & distribution of Toothbrush & Toothpaste in different schools in Rural Areas.

- Free Eye Surgical Health Camps in Rural areas & distribution of near vision glasses and sunglasses.
- Public awareness and provision of Waste Management, Sanitation & Menstrual Hygiene Products.
- Health Insurance Facilities to Dalit community & marginalized people in Rural areas.
- Health & Digital Literacy.
- Eye screening & Cataract surgery camp & dental health camp in school & communities.
- Provision of public toilets in rural areas.
- Scholarship to the poor & marginalized children in school.
- Establishment of Vision Center in Rural Areas.
- Explore & Research.

Event's Details;

Dental Health Education & Awareness Program & Distribution of Toothpaste and Toothbrush Program was conducted in different schools of Ajirkot Rural Municipality, Siranchok Rural Municipality & Barpak Sulikot Rural Municipality. The group of UNCED (Union Nationale des Etudiants en Chirurgie Dentaire) conducted a program in different school about the dental care which includes;

- How to brush the teeth.
- When to brush the teeth.
- How many times to brush the teeth.
- How to protect the teeth.
- What food to consume and what not to consume.
- Time limitation to brush the teeth.
- What type of toothbrush to use and amount of toothpaste to use at a time.
- Importance of oral health.

The motive of this program is to promote good oral health practices and increase awareness of the importance of oral health and preventive care. They conducted a presentation by showing in artificial teeth.

Program was conducted in different School, they are as follows:

Barpak Sulikot Rural Municipality, Gorkha:

- Barpak English School, Barpak=200





- Buddha Himal Academy, Barpak=550





- Shree Himalaya Secondary School, Barpak=401



Total Distribution= 1151

Ajirkot Rural Municipality, Gorkha:

- Chaturmala Secondary School, Muchchok=250



Siranchok Rural Municipality, Gorkha:

- Jana Jyoti Secondary School, Chipleti=185



- Ahal Vanjhyang Secondary School, Thalajung=88



- Chitre Pokhari Secondary School, Chitre Pokhari=150



- Mahendra Leela Secondary School, Nawalpur=205



- Mandali Secondary School, Choprak=347



Total Distribution= 975

Altogether 2376 Toothpaste and Toothbrush was distributed by UNECD group, France.

Credits & Compliments for the Team:

Mutu Foundation successfully organized the Dental Health Education & Toothpaste and toothbrush distribution program in different schools. The program was supported by Manoj Association France and UNECD group France in collaboration with Ajirkot Rural Municipality, Siranchok Rural Municipality and Barpak Sulikot Rural Municipality in Gorkha district. We are very thankful for the success, hard work and dedication of the UNECD team, all the local government bodies, school's family as well as all the students who participated in the program.

Team for this program included;

- **UNECD Team:**

1. Sophia Quero
2. Mathilde Collin
3. Flavie Fontaine
4. Ines Lahrichi
5. Julien Caban
6. Laurine Vieceli
7. Shadi Noullez Hatoum

- **Local Government Bodies:**

- Ajirkot Rural Municipality=
 1. Deepak Devkota (Chairman)
 2. Anita Bhujel (Vice Chairperson)
- Siranchok Rural Municipality=
 1. Gyanendra Gurung (Chairman)
 2. Rita Devkota (Vice Chairperson)
- Barpak Sulikot Rural Municipality=
 1. Bishnu Prasad Bhatta (Chairman)
 2. San Maya Gurung (Vice Chairperson)

- **Principal of Schools:**

1. Barpak English School, Barpak=Bina Kumal
2. Buddha Himal academy, Barpak=Pradeep Kumar Gurung

3. Shree Himalaya Secondary School, Barpak=Jani Bahadur Ghale
4. Chaturmala Secondary School, Muchchok= Buddhi BK
5. Jana Jyoti Secondary School, Chipleti= Chandra Prasad Timalsina
6. Ahal Vanjhyang Secondary School, Thalajung= Prakash Wagle
7. Chitre Pokhari Secondary School, Chitre Pokhari= Sangita Dhakal
8. Mahendra Leela Secondary School, Nawalpur= Ram Prasad Adhikari
9. Mandali Secondary School, Choprak= Gyanendra Pokhrel

Camp was coordinated by Mr. Dhan Bahadur Gurung, Chairman of MUTU Foundation and Mr. Kashiram Gurung (Manoj), Member of MUTU Foundation.
Thank You!