Medical Health Camp Report,2024

[General, Gynae-VIA, ENT, USG, ECG, Sugar, BP]

MUTU FOUNDATION, Nepal.

Mutu Foundation is an NGO which is non-profit organization & was established on 2019 December 13. It was affiliated in Social Welfare Council on 2020 January 5.

The main moto of organization is to help the people who are unable to seek for treatment and to provide free treatment according to their disease condition in a specific hospital. It was named MUTU because we help people from our inner heart so that they would be comfortable and trust us throughout the process.

Our Mission:

- Promote health & well-being of maternal & child health care.
- Conduct Public Health Research.
- Conduct free Medical Health Camp.
- Provide free treatment to the financially unstable child of rural areas.

Our Approach & Expertise:

- Distribution of medical equipment in rural health posts & hospitals i.e. USG Machine, Baby warmer, Neonatal Suction Machine, Ambulance, Laboratory Equipment, Delivery & Patient bed, etc.
- Rural Health Services.
- Disaster/ Pandemic Response [Humanitarian Support].
- Health Education, Child Health, Nutrition, Maternal & Safe Motherhood Health Program.
- Public awareness and provision of Waste Management, Sanitation & Menstrual Hygiene Products.
- Health Insurance Facilities to marginalized people in Rural areas.
- Health & Digital Literacy.
- Eye screening & Cataract surgery camp & dental health camp in school & communities.
- Provision of public toilets in rural areas.
- Scholarship to the poor & marginalized children in school.
- Establishment of Vision Center in Rural Areas.
- Explore & Research.

Event`s Details;

Free Medical Health Camp for General checkup, Gynaecology checkup, VIA, ENT, USG, ECG, GRBS, Blood pressure, Consultancy and medicine.

Date: 2081/04/05 & 2081/04/06 (année 2024)

Time: 09:00Am to 05:00Pm.

Venue: Nareshwor Health Post.

Services provided by the following Doctors, Medical Staffs & The Volunteers;

Consultant:

1. Dr. Anita Thapa [Gynaecologist & Oncologist]
2. Dr. Binod Sah [Ultrasonologist]
3. Dr. Chetana Pathak [ENT]

Greencity Hospital Staff:

1. Dr. Manish Paneru
2. Dr. Suprad Rawal
3. Manoj Gurung [Manager]
4. Sandeep Lama [Pharmacist]
5. Manish Paudel [Pharmacist]
6. Nisha Gurung [RN]
7. Januka Shrestha [RN]
8. Anjali Dangol [RN]
9. Goma Acharya [Hospital Assistant]

Local Government Bodies:

1. Krishna Rana Magar [Mayor of Gorkha Municipality]
2. Chul Bdr Kunwar [Chairman of Ward no. 3]
3. Ishwor Regmi [Health Coordinator of Gorkha Municipality]

Mutu Foundation:

1. Dhan Bdr Gurung [Chairman]
2. Shakila Dangol [Health Coordinator]

Medical Student of Grenoble University Namaste Project, France:

1. Juliette Lepesteur
2. Mateo Persoons
3. Etienne Faure
4. Julie Morel Chevillet
5. Iris Largueze
6. Agathe Defossez

Nareshwor Health Post Staff:

1. Deepesh Sunar [Public Health Inspector]
2. Sita Ghimire [Sr. ANM Inspector]
3. Chandrakala BK [Sr. ANM]
4. Kul Bdr Basnet [Office Assistant]

Means of Publicity and Advertisement:

1. Mobile Announcement in social medias.
2. Local Newspaper Announcement [Daraudi Daily].
3. Banners presented in Health post.
4. Radio Announcement in all the places around Gorkha [Choice FM, Radio Gorkha].

5. Verbal Alert to all the people nearby the place.

Camp's Details;

The total population of Gorkha Municipality, Nareshwor-3 is around 3300 in number. In the ward no.3, there are about 700 old people living in the village. And many of them are illiterate and we found out that there is lack of knowledge, health education and awareness. So, many of them are suffering from Non-communicable diseases like Hypertension, Diabetes, Thyroid and they are under medication.

Specially, In the camp, in general section, there seems to be like the presence of old age people with Osteoarthritis. Secondly, another problem of the people seems to be like in the Ear.

The medicine that is distributed in high quantity is Etericoxib, Aceclofenac, Pantoprazole, Multi-vitamin. These are used to treat for Gastritis, Pain.

Event Highlights;

Group Photo of Doctors & all the staffs with Chairman of Ward & members.

Opening Ceremony of Free Medical Camp.

Medical Camp Activity & Arrangements.

Patient`s Registration Counter.

Patient`s waiting for their appointment with doctors.

Two OPD were reserved by two doctors [Dr.Suprad & Dr.Manish] & Medical student of Namaste Project for general checkup. A huge number of patients in General were provided free of cost services & medicines. Sitting arrangements for patients on waiting were provided outside of rooms with chairs.

Gynae Section:

Dr. Anita Thapa & Medical student of Namaste Project reserved the room for the Gynae checkup and VIA. Total cases of Gynae checkup is 138 patients. VIA was done in total number of 82 women and out of them, findings is positive in one patient. Specific medications were provided as per need.

ENT Section:

Dr. Chetana Pathak reserved the ENT room with one of the Medical student of Namaste Project. Total 80 patients visit doctor for the checkup.

USG:

In total, there were 143 total cases for USG. Dr. Binod Sah provided the service and provide report as per need. Also, Teach the Medical student of Namaste Project a lot of things about USG.

ECG:

Total 32 cases were provided the service of ECG under doctor consultation.

Minor OT was performed in sterile technique.

More than 400 patients visited there for Sugar & Blood Pressure.

Medicine Distribution Compound:

Free medicines distribution for the patients by Sandeep Lama & Manish Paudel. More than 300 people were provided medicines under the prescription of doctor.

Thanks giving Program organized by Health Post & Ward Members:

Credits & Compliments for the Team.

Mutu Foundation successfully organized the Free Medical Health Camp in Nareshwor Health Post, Gorkha Municipality-3 in association with Gorkha Municipality and Technical support by Greencity Hospital.

We are very thankful for the success, hard work and dedication of the entire team along with we would like to thank Manoj Association France, Grenoble University Namaste Project France, Greencity Hospital Nepal, staff of the Health Post, Ward Members, Communities and Government Bodies of Nareshwor, Gorkha.

Thank You!