Medical Health Camp Report,2024

[General, Gynae- VIA, ENT, USG, ECG, Sugar, BP]

MUTU FOUNDATION, Nepal.

Mutu Foundation is an NGO which is non-profit organization & was established on 2019 December 13. It was affiliated in Social Welfare Council on 2020 January5.

The main moto of organization is to help the people who are unable to seek for treatment and to provide treatment according to their disease condition. It was named MUTU because we help people from our inner heart so that they would be comfortable and trust us throughout the process.

Our Mission:

- Promote health & well-being of maternal & child health care.
- Conduct public health research.
- Conduct free Medical Health Camp.
- Provide free treatment to the financially unstable child of rural areas.

Our Approach & Expertise:

- Distribution of medical equipment in rural health posts & hospitals i.e. USG Machine, Baby Warmer, Neonatal Suction Machine, Ambulance, Laboratory Equipment, Delivery & Patient Bed, etc.
- Rural Health Services.
- Disaster/ Pandemic Response [Humanitarian Support].
- Health Education, Child Health, Nutrition, Maternal & Safe Motherhood Health Program.
- Public awareness and provision of Waste Management, Sanitation & Menstrual Hygiene Products.
- Health Insurance Facilities to poor & marginalized people in Rural areas.
- Health & Digital Literacy.
- Eye screening & Cataract Surgery camp & dental health camp in school & communities.
- Provision of public toilets in rural areas.
- Scholarship to the poor & marginalized children in school.
- Explore & Research.

Event's Details;

Free Medical Health Camp for General Checkup, Gynaecology checkup, VIA, ENT, USG, ECG, GRBS, Blood Pressure, Consultancy and Medicine.

Date: 2081/03/04 & 2081/03/05 (année 2024)

Time: 09:00 AM - 05:00 PM

Venue: Thalajung Health Post

Services provided by the following Doctors, Medical Staffs & Volunteers;

Consultant:

1. Dr. Anita Thapa [Gynaecologist & Oncologist]
2. Dr. Binod Sah [Ultrasonologist]
3. Dr. Chetana Pathak [ENT]

Greencity Hospital Staff:

1. Dr. Manish Paneru
2. Dr. Naresh Bhandari
3. Manoj Gurung [Manager]
4. Sanu Kumari Shahi [RN]
5. Muna Gurung [RN]
6. Kriti Gurung [RN]
7. Sandeep Lama [Pharmacist]
8. Ramesh Basnet [Pharmacist]
9. Chandrika Sunuwar [Hospital Attendant]

Local Government Bodies:

1. Gyanendra Gurung [Chairman of Municipality]
2. Khusiman Gurung [Chairman of Thalajung]

3. Tukman Shrestha [Health Coordinator]
4. Rita Thapa [Ward Secretary]

Mutu Foundation:

1. Dhan Bdr Gurung [Chairman]
2. Shakila Dangol [Health Coordiator]

Medical Student of MANAVA, Lille:

1. Margaux
2. Anais
3. Amyna
4. Guillaume
5. Victor

Thalajung Health Post Staff:

1. Prakash Chandra Adhikari [Incharge of Health Post]
2. Purna Kumari Gurung [SAHW 5th level]
3. Tulsa Basnet [ANM]
4. Namda Maya Gurung [Office Assistant]

Means of Publicity & Advertisement:

1. Mobile Announcement in Social Medias.
2. Banners presented in Health Post.
3. Radio Announcement in all the places of Gorkha [Choice FM].
4. Verbal Alert to all the people nearby the place.

Camp's Details;

A free Medical Health Camp was organized by Mutu Foundation in Siranchok Rural Municipality in Thalajung Health Post. The total population of Thalajung Health Post is 2725 people in number. During the camp, we observe every single people, we get to know about their health condition. Maximum older age people were illiterate and seems to have problem like backache, gastritis & Gynaecological problems and children were infected with dental carries. We felt people were really suffering due to the lack of health care delivery, lack of health education and awareness.

The medicine that were distributed in high number is Pantoprazole, Etericoxib, Aceclofenac.

Event Highlights;

Group Photo of Doctors & all teams with Chairman of Ward & Members.

Medical Camp Activity & Arrangements.

Patient's Registration Center.

Patient's Measuring BP before Doctor's Appointment. More than 450 patients visited for Sugar and Blood Pressure.

Patient's waiting for Doctor's Appointment.

Two OPD were reserved by two doctors {Dr.Naresh Bhandari & Dr.Manish Paneru} & medical student of Manava Lille Group for General Section. A huge number of patients i.e. 449 in General were provided free of cost services & medicines.

Sitting arrangements for patients on waiting were provided outside the doctor's room according to their condition.

Gynae Section

Dr.Anita Thapa & a medical student of Manava Lille Group reserved the room for the Gynae checkup & VIA. Total cases of Gynae checkup is 110 patients. VIA was done in total number of 78 . Out of them 4 of them were found positive. ring pessary insertion was done in 3 female patients. We found 2 Pelvic Organ Prolapse and doctor provide counselling to them. Specific medications were provided as per need.

ENT Section

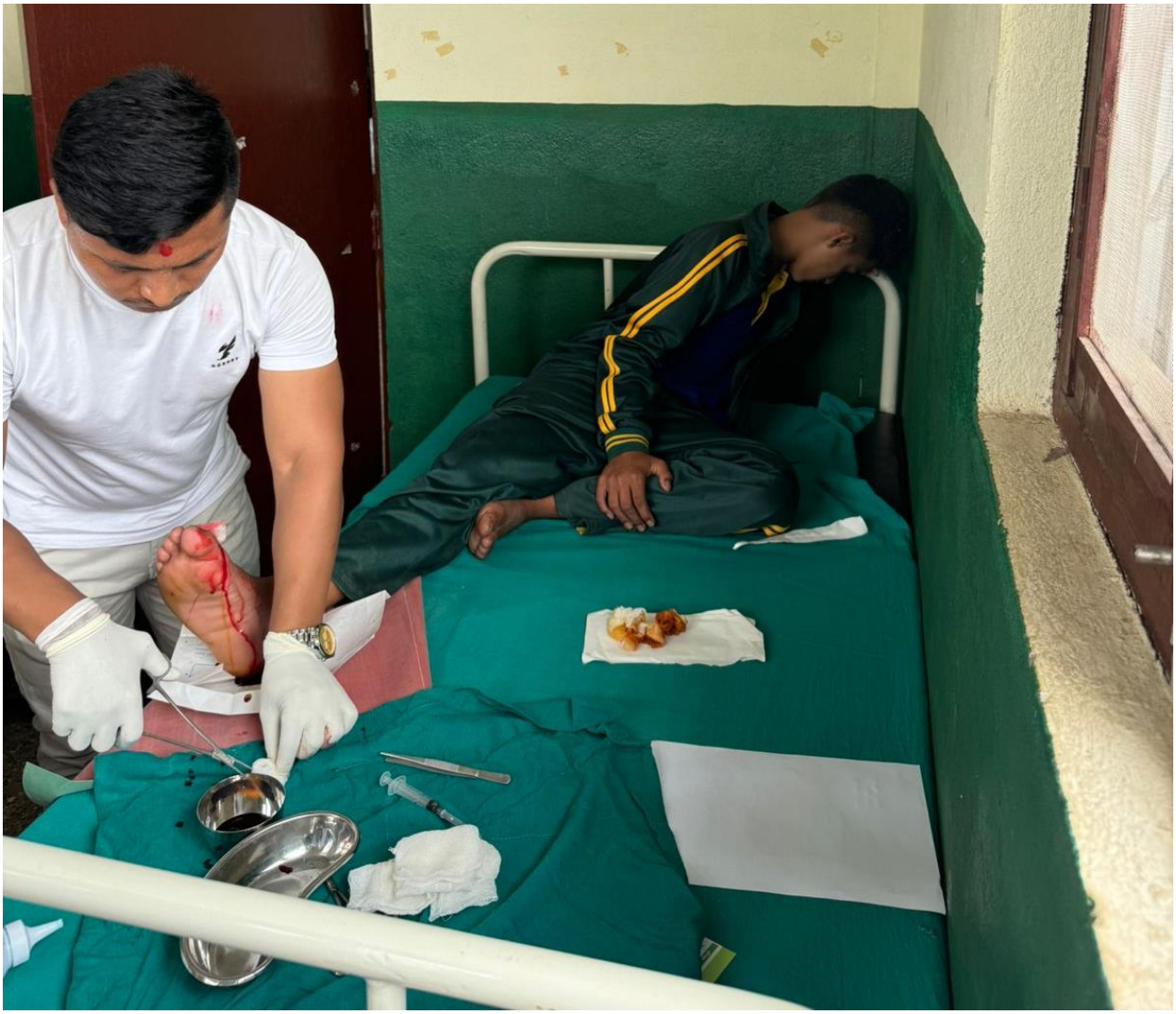
Dr.Chetana Pathak reserved the ENT room with one of the medical student of Manava Lille Group . Total 91 patients visit doctor for the checkup. Medicines were prescribed as per their condition.

USG

In total, there were 106 total cases for USG. Dr.Binod Sah provided the service and provide as per need. He also teach medical student of Manava Lille Group about the USG and body parts through Video-Xray.

ECG

Total 24 cases were provided the service of ECG under doctor consultation.



Minor OT was performed by Mr. Manoj Gurung in sterile technique.

Medicine Distribution Compound.

Free medicines distribution for the patients by Sandeep Lama & Ramesh Basnet. More than 400 people were provided medicines under the prescription of Doctors.

Thanksgiving Programme organized by HealthPost & Local Government Bodies;

They put on Tika & Fulmala to each and every member of our team. They Provide us an Certificate to everyone with an honour.

Credits & Compliments for the Team;

Mutu Foundation successfully organized a Free Medical Health Camp in Thalajung Health Post, Siranchok Rural Municipality with the technical support of Greencity Hospital and in association with Siranchok Rural Municipality.

We are very thankful for the success, hard work and dedication of the entire team along with we would like to thank Manoj Association France, MANAVA Lille France, Greencity Hospital Kathmandu, Staff of Health Post, Ward Members, Communities and Government Bodies of Thalajung, Gorkha.

Thank You!